



Training Day

Saturday 5th June 2010

9.00am - 4.30pm

Green Park Centre, Aston Clinton, Bucks. HP22 5NE

**We will be running two full day courses and
one half day morning workshop**

(These courses are run for the benefit of Youth Focus members and their affiliated organisations)

Full Day Courses

We will be running two full day courses as follows: -

Emergency and Basic First Aid (9.30am - 4.30pm) - St. John Ambulance

This course combines the **Emergency** and **Basic First Aid** courses and covers the following areas:-

- Communication and casualty care
- Managing an incident
- Looking after yourself and the casualty
- Treatment of minor bleeding and minor burns
- Priorities of first aid and managing the scene
- Adult resuscitation
- Treatment of a choking casualty
- Treatment of severe bleeding and chest pains
- Treatment of an unconscious casualty
- Treatment of fainting, bites and stings, sprains and strains

During the course there is continuous assessment by the trainer. On successful completion of the course a St. John ambulance certificate, which is valid for 3 years, is issued.

Level 2 Award in Food Safety in Catering (9.30am - 4.30pm) - Meg Hart, Foodfact

This is a Certificated Course with a multiple Choice Examination at the end covering:

- Legislation
- Food Safety Hazards
- Temperature Control
- Refrigeration, chilling and cold holding
- Cooking, hot holding and reheating
- Food handling
- Principles of safe food storage
- Cleaning
- Food premises and equipment

The cost per person per course is £20.00 and will include lunch.

(please note that only one of these courses can be attended as they are both full day courses)

Please go to page 2 for details of the half day course

Half Day Course

We will be running one half day morning workshop as follows:-

Child Protection Half day morning workshop for those working with children and young people

The Laming Report in 2003 emphasised the importance of taking both individual and collective responsibility for Child Protection, including those who work in the voluntary sector.

The sessions will cover:

- ◆ Definitions of child abuse
- ◆ Potential indicators
- ◆ Actual disclosures
- ◆ How to handle these, obviously sensitive issues

The sessions will conclude with information on how volunteers can protect themselves and handouts will be provided.

The cost per person is £5.00 and will include tea/coffee

The Training Day is aimed at adult leaders of voluntary youth organisations and adult volunteers who work with children and young people.

Early booking is necessary to secure places, particularly on the Emergency and Basic First Aid and Level 2 Award in Food Safety in Catering courses. **Please note that all bookings must be accompanied by the booking fee.**

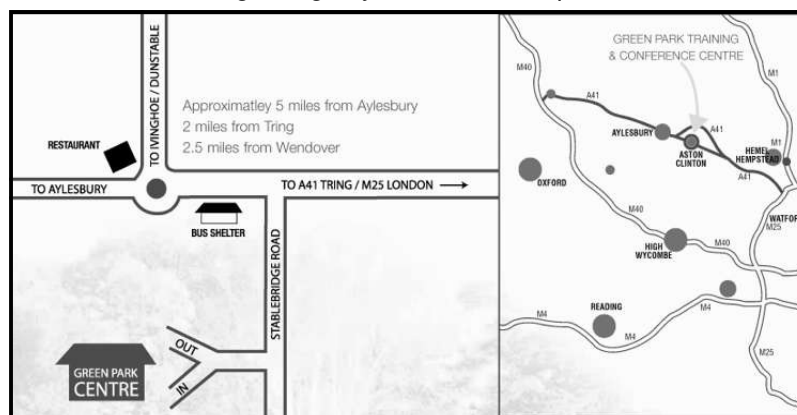
Confirmation of your place will be emailed to you upon receipt of your booking form and payment. A detailed programme will be sent to you nearer the time.

Please complete a booking form and return it together with your booking fee to the Youth Focus office by **Friday 21 May 2010**. If you have missed this closing date, please call us on 01296 631911 or email us at office@youthfocus.org.uk to check the latest availability on your chosen course.

If you have any special dietary requirements or any food allergies please let us know when returning the booking form.

Cancellations - please note that we cannot return your booking fee if a cancellation is made 10 days or less prior to the course.

If you require any further information regarding any of the courses please call us on the number below.



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Telephone: 01296 631911 Email: office@youthfocus.org.uk www.youthfocus.org.uk
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